

Awaken to God's Presence|Seeds and Planting

SUMMARY KEYWORDS

seeds, patch, grow, earth, life, soil, God, dream, harvest, spiritual practice, tilling, planting

SPEAKERS

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Joelle Wight 00:00

A gift of peace in the midst of troubling times. Project Zion Podcast offers this series of guided practices to help you connect with the divine. No matter where you are, or what's going on around you. Take a deep breath and allow your Spirit to find calm in the storm of life.

Robin Linkhart 00:23

Hello, this is Robin Linkhart, Community of Christ minister and your companion for today's spiritual practice. Where I live, May is the month to get serious about seeds and planting. The first two weeks I turn the soil and till in the tattered remnants of last year's harvest. A few rotted stems, dried leaves, and old mulch. A day of turning yields my little patch of earth, ready to witness spring launching into summer. A tiny fractal of a seed gently pushed into the earth, watered and tended, bursts open, sends down roots and shoots up sprouts to become a bounty of ripe tomatoes, filling summer sandwiches... juice spilling off my chin. Every time a miracle. Every time a blessing. Life is like a patch of earth and our daily actions like tilling soil, dropping seeds, sprinkling water, acts of hope filled risk. Every day faith in process, grown in the in between spaces of relationship as we open ourselves to the inward and outward work of God.

Wherever you are right now, pause. Find a comfy place to sit. Settle in and let your shoulders relax. Close your eyes and simply breathe listen for a moment to the rhythm of your breath in and out.

Imagine a patch of earth. Maybe on the edge of your yard, maybe in a field down the road, maybe down the block where neighbors share some space. Imagine a patch of earth.

Feel the breeze against your face. Hear the birds.

Listen to the sounds outside right where you are now. Imagine you are the patch of earth.

Ask yourself these questions. Allow your heart to hear what your soul speaks in response.

How am I already cooperating with the inward work of God?

What would provide an open and receptive place in me for the seed of God to grow this year?

Can I help to prepare the soil, tilling to open my heart mind and soul?

How am I receptive to God's presence in my life?

How am I breathing in Holy Spirit as sacred seeds drop on my patch of earth?

What plowing needs to be done to make way for the seed to grow?

What weeds or thorns are competing or choking seeds stretching to grow in my patch of earth?

What needs to die for new life to thrive?

What fruits am I being called to bring forth?

How do we help one another nurture this seed to grow?

Words from Christine Sine... Plant seeds, dream a garden, seeds of love, fed with justice, watered with kindness. Plant seeds so that all God's creation will flourish. Allow truth to sprout, compassion to grow, generosity to be harvested. Dream of a world made new. Beauty in diversity. Unity, not uniformity. All that is broken, transformed and made whole.

Take a deep breath in, then a long breath out.

May your day be blessed with awareness of the inward and outward work of God taking place in you.
Amen.