

# Awaken to God's Presence | PRIDE

## SUMMARY KEYWORDS

Pride Month, LGBTQ community, diversity, inclusion, compassion, acceptance, discrimination, spiritual practice.

## SPEAKERS

Robin Linkhart, Joelle Wight

### Joelle Wight 00:04

A gift of peace in the midst of troubling times. Project Zion Podcast offers this series of guided practices to help you connect with the divine no matter where you are or what's going on around you, take a deep breath and allow your spirit to find calm in the storm of life.

### Robin Linkhart 00:28

Welcome to this time of prayer. This is Robin Linkhart, Community of Christ minister and your companion for today's spiritual practice. Today's prayer recognizes Pride Month, celebrated in June in the United States. Pride honors the LGBTQ community and its contributions. It began as a way to remember the 1969 Stonewall riots, which sparked the modern movement for LGBTQIA2S+ rights. Today, we celebrate diversity, offer support, and pray for a more inclusive world.

As we begin, find a comfortable place to sit with feet on the floor and arms gently resting with hands in your lap, perhaps close your eyes and become aware of your breathing in and out.

Simply rest in the natural rhythm of your breath,

In the silence offered between each prayer petition you are invited to add your own prayers, silently or aloud.

Grant us the courage to be true to ourselves, to love and accept our neighbors, to work for justice and equality for all. In your mercy, hear our prayers.

We pray for those who still struggle to find their place, to find their voice, to find their love. May they know they are loved just as they are, may they find the support and strength they need. In your mercy, hear our prayers.

We pray for those who seek to understand and embrace the diversity of the human experience. May their hearts be open to compassion. May they learn to love and accept all people. In your mercy, hear our prayers.

We pray for a world where everyone can live freely and safely, without fear of discrimination or prejudice. May we all strive for a world where love and acceptance reign supreme. In your mercy, hear our prayers.

In the name of Jesus, who taught us how to love, we pray. In your mercy, hear our prayers.  
Amen.